

WHAT IS SELF-DETERMINATION?

IT'S ABOUT CHOICE & CONTROL

The self-determination movement empowers you to make personal decisions while utilizing public health and wellness services.

Accessing services from the public sector should not mean sacrificing your freedom.

This approach offers a unique way to utilize the Medicaid funds for which you are eligible.

You play a crucial role in managing your own support systems.

Self-determination creates a partnership between you and a Certified Community Behavioral Health Clinic (CCBHC) or a Community Mental Health (CMH) provider, ensuring you are actively involved in shaping the assistance you receive.

YOU HAVE A VOICE



WELCOME TO PIVOTAL

At Pivotal, we enhance the lives of the individuals we serve by delivering integrated services that jointly address medical and behavioral health needs including substance use disorder and primary care screening services.

Pivotal is proud to be St. Joseph County's premier Certified Community Behavioral Health Clinic (CCBHC). As a CCBHC, we provide an excellent system of care by focusing on wellness, hope, and recovery.

Main Office
677 E. Main Street
Centreville, MI 49032

Three Rivers Office
1020 Millard Street
Three Rivers, MI 49093

Sturgis Office
1555 E. Chicago Rd., Suite A
Sturgis, MI 49091

Direct Phone: 269-467-1000

Customer Service: 1-855-203-1730

Crisis Line 24/7: 1-800-622-3967

Fax: 269-467-3075

TTY: Michigan Relay Service at 7-1-1

Life-threatening Emergency: 911

Suicide and Crisis Lifeline 24/7: 988

ATENCIÓN: Si habla español, hay servicios gratuitos de asistencia con el idioma para usted. Llame al 1-855-203-1730 (TTY: 7-1-1)



We are accredited by Commission of Accreditation of Rehabilitation Facilities.



PivotalStJoe.org



Self-Determination

START CONTROLLING YOUR LIFE

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CORE PRINCIPLES OF SELF-DETERMINATION

The belief and value that you have the freedom to define your life, make meaningful choices regarding your life and have the chance to direct the services and supports you need to pursue that life.

Freedom

Choose where, when, and how you live your life.

Authority

Control over a certain amount of money to purchase supports.

Support

Set up and control the support you need to have a meaningful life with the help from people (paid and unpaid) who work for you.

Responsibility

Responsibility of accepting a valued role in your community and of being accountable for using public dollars in a responsible way that is consistent with Medicaid requirements.

Confirmation

You, along with your family, friends and chosen allies, have the right to control decisions about your life and about decisions that effect your systems of supports.



CREATIVE EXAMPLES

Hiring a family member or friend to provide respite or community living services.

Employing assistants instead of attending the day program.

Getting your services through a provider, but you deciding how those services will be given.

BUDGET

Self-Determination arrangements must be financially responsible and cannot cost more than traditional services.

You have an individual budget and you are responsible for staying within the budget and spending the money more efficiently.

If you are eligible for public behavioral health services you may receive those services in the following ways:

01 Traditional service approaches

02 Self-determination using Pivotal providers or employees you hire

03 Self-determination using other community resources

Look at the amount of money spent in the past and see if you can use the funds in a different way to achieve the same or new goals.